Daily Mobility Assessment and Treatment

Does the patient present with any of the exclusion criteria? (See the chart* below)

- Significant dose of vasopressors for hemodynamic stability (maintain MAP >60)
- Mechanically ventilated with FiO2>.8 and/or PEEP>12, or acutely worsening respiratory failure
- Neuromuscular paralytics
- Currently in an acute neurological event (CVA, SAH, ICH)
- Unstable spine or extremity fractures
- Grave prognosis, transitioning to comfort care
- Open abdomen, at risk for dehiscence
- Active bleeding process
- Bed rest order

Exclusion Criteria*

Consult with MD/NP and assess ability to tolerate and participate in mobility

Attempt to decrease sedation via
- Interrupting continuous infusion
- Changing from continuous infusion to "as needed" bolus doses
- Using anti-psychotic medication for treatment of hyperactive delirium

Reassess after 24 hours

Legend
RASS: Richmond Agitation Sedation Scale
CAM-ICU: The Confusion Assessment Method for the ICU
FiO2: Fraction of inspired Oxygen
PEEP: Positive End-Expiratory Pressure (cmH2O)
MAP: Mean Arterial Pressure (mmHg)
CVA: Cerebrovascular Accident
SAH: Subarachnoid Hemorrhage
ICH: Intracerebral Hemorrhage
CNS: Central Nervous System
Vital sign parameters: case by case bases.