Multidisciplinary Approach to Patient Mobilization in the ICU

- **PT**
  - Provide PT orders
  - Optimize sedation for patient participation

- **RN**
  - Pt preparation for PT
  - Pre-medication
  - Scheduling
  - Advocate for PT referral
  - Optimize sedation for patient participation

- **RT**
  - 30 minutes prior to PT treatment
  - Clear secretions
  - Adjust ventilator settings
  - Reduce work of breathing

- **MD/NP**
  - Provide appropriate PT treatments
  - Provide mobility recommendations
  - Update mobility vitals and status
  - Provide PT orders
  - Optimize sedation for patient participation

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